

		KFAST n - 2pm	
TOAST WITH SPREADS sourdough/multigrain/gluten free ORGANIC FRUIT TOAST	\$8.50	BREKKY ROLL double smoked bacon, fried egg, cheddar and relish	\$16
with spreads EGGS YOUR WAY sourdough / multigrain / gluten free	\$14	AROHA NOURISH BOWL falafel and pea fritters, baked pumpkin, chickpea hummus, poached eggs and sesame dressing	\$20
SMASHED AVOCADO with feta and cherry tomatoes on sourdough	\$19	eggs your way, double smoked bacon, pork sausage, potato hash, grilled tomato and your choice of toast BREAKFAST ADD ONS	
ACAIBOWL macerated rhubarb, granola, cacao nibs, goji berries, passionfruit, chia and coconut crisps	\$17		
EGGS BENEDICT english muffins, country ham, free range poached eggs and hollandaise		slow roasted tomatoes double smoked bacon	+4
EGGS FLORENTINE english muffins, baby spinach, free range	\$17	pork sausage mushroom avocado	+! +:
poached eggs and hollandaise EGGS ROYALE english muffins, smoked salmon, free range poached eggs and hollandaise	\$19	tofu sausage	+6
		DINING 12pm	
BREKKY ROLL	\$16	NOURISH BOWLS	
double smoked bacon, fried egg, cheddar and re	\$19	AROHA NOURISH BOWL falafel and pea fritters, baked pumpkin, chickpea hummus, poached eggs and sesame dressing	\$20
SOMETHING MORE	100 X01 200 -00-001 X02-40-008	New Zealand salmon, baby spinach, avocado, pickled radish, cucumber, grilled corn, edamame	\$25
BEEF BURGER tasty cheese, tomato dill pickle, ketchup, mayo and fries	\$24	and sesame dressing CHICKEN SALAD	\$22
REUBEN SANDWICH pickled taupo beef, swiss cheese, sauerkraut and	\$24	cayenne chicken, pinto beans, shaved cabbage, quinoa, grilled corn, coriander and jalapenos	600
russian dressing on dark rye bread with fries PULLED PORK BRIOCHE with chipotle mayo, apple slaw with fries	\$24	cracked freekah, barley, lentils, green beans, tendrils, parsley, radicchio, hazelnut dukkah and tahini dressing	\$22

Our food is freshly prepared locally and may contain allergens | Please speak to our staff if you have any allergy concerns

At Aroha, we source locally grown, fresh New Zealand seasonal produce to support our community and bring the best from farmer to fare



AROHA CAFE AND BAR

COFFEE	SMALL \$5 LARGE \$6	SMOOTHIES	\$11
Flat White		Mixed Berry	
Latte, Cappuccino		Feijoa & Apple	
Mochaccino,		Juicy Mango	
Espresso		Black Forest	
Long Black			
Short Macchiato		FRAPPES	\$7.50
Long Macchiato		97% fat free & gluten free	
Hot Chocolate		Chocolate Frappe	
Chai Latte		Coffee Frappe	
Turmeric Latte		Japanese Matcha GreenTea Frappe	
Alternative Milk	full cream, trim, almond, soy	ORGANIC JUICE	AN THE THE POST OF THE THE THE THE THE THE THE THE THE
TEA	CUP \$5 POT \$8	Orange, Apple & Mango 275ml	\$6.50
Zealong's Own Breakfast	lcebreaker	Apple & Feijoa 275ml	\$6.50
mellow tea, hint of citrus	peppermint & kawakawa	Apple & Peach 275ml	\$6.50
Aromatic Oolong hints of fruit & flowers	Camomile with a touch of lavender	Sparkling Apple Blackcurrant 275ml	\$6.50
Zealong's Own Grey floral with spicy citrus	Sweet Amber lemon & ginger	KERI JUICE	
Green fresh & sweet	Fire & Ice ginger, manuka & mint	Apple or Orange 350ml	\$6.50
Chai		FLAVOURED DRINKS	
exotic & spicy		Barista Bros 500ml	\$8
ICED TEA	ф7 50	iced coffee, iced chocolate	
ICED TEA	\$7.50	Classic Ginger Beer 330ml	\$6
Iced Tea (Mango, Lemon, Pead	h)	Lemon Lime & Bitters 330ml	\$6
WATER		SOFT DRINKS	NO SEE THE LOCK SEP THE SEE THE SEE THE SEP TH
Kiwi Blue Still Water 600ml	\$5	Coca Cola 330ml	\$5
Kiwi Blue Sparkling Water 45	0ml \$4. ⁵⁰	Coke Zero 330ml	\$5
Glaceau Vitamin Water 500m	\$7. ⁵⁰	Coke No Sugar 330ml	\$5
power, revive, antioxidant	Miles II	Sprite 330ml	\$5
Zico Coconut Water 330ml \$8		Fanta 330ml	\$5
		L & P 330ml	\$

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A credit card surcharge of 0.90% applies for all purchases.

Prices are subject to a 15% public holiday surcharge.



AROHA

CAFE AND BAR

ALCOHOLIC BEVERAGES

TAP BEER	GLASS	PINT	
Speight's Gold Medal Ale	\$8	\$11	
Panhead Supercharger \$9		\$14	
PACKAGED BEER		NEE SAN HAD SAN HAD 400 CON SAN ON	
Steinlager Classic	- 100 100 -00- 100 100 100 100 100 100 1	\$9	
Stella Artois		\$10	
Steinlager Pure		\$10	
Corona		\$10	
Little Creatures Pale Ale	Little Creatures Pale Ale		
Emerson's Pilsner		\$12.50	
Mac's Mid Vicious (Light)			
CIDER		400 Mai 400 Mai 400 400 Mai 100 Mai	
Mac's Cloudy Apple Cider	0-100, 100 -00-200 (CD -500 LUN-GO-200 REG	\$9.50	
COCKTAILS		COR 1001 100- COR 100- 400- COR 1001 100	
Wildflower Mimosa	- COL CÓM 40- STAT (COL COM STAT 400- 400- 400 (COL	\$16	
prosecco, elderflower, cranberry, lime			
Aroha Bloody Mary russian standard vodka, muddled cherry tomatoe horseradish, pickle juice, worcestershire, celery	72 25	\$18	
Gee & Tee		\$18	
london sipsmith gin & tonic water, grapefruit we	dges, basil		
Espresso Martini Classic russian standard vodka, espresso, coffee liqueur			
Breakfast Martini russian standard vodka, cointreau, marmalade, ke	emon	\$18	
Old Fashioned makers mark bourbon, bitters, orange, lemon ze	st	\$18	

WINE	NO - COL TANK LOSS (COL TANK CO. TON)		M III III III II II II II I		
SPARKLING	125ml		Bottle		
Te Hana Sparkling Reserve Cuvee 200ml					
Bandini Prosecco	\$12.50		\$72		
Veuve Clicquot NV 750ml	\$25		\$150		
WHITE	150ml	250ml	Bottle		
Amisfield Dry Riesling	\$14	\$23	\$70		
Wither Hills Pinot Gris	\$13	\$21.50	\$65		
Oyster Bay Sauv Blanc	\$12	\$20	\$60		
Dog Point Marlborough Sauv Blanc	\$14.50	\$24	\$72.50		
Delegats Crownthorpe Chardonnay	\$13	\$20	\$65		
Te Whare Ra Chardonnay	\$17.50	\$28	\$88		
ROSÉ	150ml	250ml	Bottle		
The Ned Rose	\$12	\$20	\$60		
RED	150ml	250ml	Bottle		
Oyster Bay Merlot	\$12	\$20	\$60		
Spy Valley Merlot Malbec	\$13	\$21.50	\$65		
Lake Hayes Pinot Noir	\$15. ⁵⁰	\$25.50	\$77.50		
Mt Difficulty Roaring Meg Pinot Noir	\$17.50	\$29	\$87.50		
Barossa Valley Estate Shiraz	\$13.50	\$22.50	\$67.50		
Mojo Cabernet Sauvignon	\$12	\$20	\$60		

SPIRITS & LIQUEURS

Full range of premium spirits & liqueurs available Please enquire at the bar

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